The Maine Developmental Disabilities Council believes that all people should have quality health care. The Council believes that the health care system and health care services should meet the needs of people with developmental disabilities in being:

**Accessible** We believe that all people should be able to easily obtain and use health care services that meet their individual needs.

**Respectful** We believe that people should be treated fairly and politely. Disability, ethnicity, gender, religion, sexual orientation, or income level shouldn’t change how people are treated or the quality of their health care.

**Affordable** We believe that health care should be affordable to everyone.

**Timely** We believe health care should be available when it is needed.

**Patient Directed** We believe that patients should be the center of their own health care and that their values and preferences should be respected. Patients should have access to meaningful choices in health care.

**Culturally Competent** We believe that patients’ individual cultural differences should be respected.

**Comprehensive** We believe that health care should be holistic, patient-centered, compassionate, proactive, and coordinated through the lifespan.

**High Quality** We believe that the health care that people receive should be safe, effective, and based on current best practice.