



NOW AVAILABLE!

Maine Developmental Disabilities Council (MDDC) will now offer Developmental Disabilities Health Technical Assistance through email. You can email your DD Health related questions to DDHealthHelp.MDDC@maine.gov



What is DD Health Technical Assistance Email?

Healthcare issues for individuals with DD can be complicated and confusing. The DD Health Technical Assistance email program provides guidance in addressing these challenges.

We are here to provide assistance to:

- Case Managers
- Caregivers
- Direct Support Staff
- Families
- Healthcare Providers
- Physician Offices
- Individuals with DD

MDDC has a DD Health Nurse on staff who can provide assistance with your medically related concerns or problems. We will respond to emails Monday through Friday from 8:00 am – 4:30 pm.

Audience

- Case Managers
- Caregivers
- Direct Support Staff
- Families
- Healthcare Providers
- Individuals with DD
- Physician Offices

EXAMPLE QUESTIONS

What lab testing should be done at my annual visit?

When should an A1C be done for a Diabetic or Pre-Diabetic individual with DD.

What medications that an individual taking, may cause weight gain?

What alternatives are there for an individual that has chronic pain but has difficulties with the prescribed medications?

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