



Maine Developmental Disabilities Council

Five-Year State Plan GOALS & OBJECTIVES

2011-2016

(updated October 2014)

GOAL # 1: Access to Quality Comprehensive Services and Supports

MDDC will support self-advocates, families and stakeholders in advocacy, capacity building and systems change activities that result in individuals with developmental disabilities being able to access services and supports that enable them to participate in community life as they choose.

Objective 1.1:

Support three (3) initiatives to improve awareness of mental health disorders and promote access to mental health services for persons with developmental disabilities.

Objective 1.2:

Engage with at least three (3) other partners to remove barriers to expanded implementation of the “medical home” model and promote coordinated and cross-disciplinary services for persons with developmental disabilities.

Objective 1.3:

Engage in three (3) or more cross-disciplinary initiatives to remove barriers to early identification and access to timely and well-coordinated early intervention services for young children with developmental delays and disabilities.

Objective 1.4:

Expand access to quality health care services for persons with developmental disabilities and their families by engaging in at least four (4) initiatives that result in increased numbers of medical care providers who have received training and expanded their capacity to address health care needs of children and adults with developmental disabilities.

Objective 1.5:

Support at least three (3) cross-systems initiatives to increase access to appropriate and effective services and supports for adults with developmental disabilities and dementia-related conditions.

Objective 1.6:

Provide opportunities for at least 200 state-level policymakers in the executive and legislative branches to learn about the needs of un-served and under-served individuals with developmental disabilities and their families and about key components of quality services that support self-determination and community inclusion.

Objective 1.7:

Engage in at least five (5) activities that monitor policy and practice and/or funding to address access to and/or quality of education programs, community services and natural supports for individuals with developmental disabilities and their families.

GOAL # 2: Self-Determination

MDDC will engage in advocacy, capacity building and systems change activities so that Maine residents with developmental disabilities and their families will be able to exercise self-determination by exercising choice and control and directing their own services.

Objective 2.1:

Provide opportunities for at least 200 individuals with developmental disabilities, their families and stakeholders to learn about civil rights and less restrictive guardianship options.

GOAL # 3: Self-Advocacy

MDDC will collaborate with the statewide self-advocacy organization and other stakeholders to increase the participation of self-advocates in policymaking activities in leadership roles.

Objective 3.1:

Provide comprehensive advocacy training in leadership, public policy development and self-determination.

Objective 3.2:

Provide opportunities for at least 400 individuals with developmental disabilities, their families and supporters to be engaged in advocacy activities with state and federal policymakers regarding issues of interest to the developmental disabilities community.

Objective 3.3:

Support development of opportunities for individuals with developmental disabilities to engage in leadership and policy making roles.

Objective 3.4:

Support initiative to increase the diversity and effectiveness of advocacy by and on behalf of Maine residents with developmental disabilities.

GOAL # 4: Opportunities for Inclusion as Valued Members of Communities

MDDC will engage in advocacy, capacity building and systems change activities to promote persons with developmental disabilities and their families having equal opportunities to be included as visible, active and valued members of their communities.

Objective 4.1:

Expand opportunities for individuals with developmental disabilities to participate as integrated members of Maine's workforce.

Objective 4.2:

Participate in initiatives that result in at least 3,000 members of the public having opportunities to expand their understanding of the value of community inclusion and accessibility for persons with disabilities.

Objective 4.3:

Engage in at least three (3) addressing recognition of contributions of individuals with developmental disabilities in valued roles in their communities and/or natural supports in inclusive community activities being available to individuals with developmental disabilities.