

## Evaluating Person Centered Planning

How do you know if your Person Centered Plan is individualized, comprehensive, and effective? The eight hallmarks of a quality plan with 23 indicators are described here<sup>1</sup>.

### 1. The person's dreams, interests, preferences, strengths, and capacities are explicitly acknowledged, and drive activities, services, and supports.

✓ Services and supports are individualized and do not rely solely on preexisting models.	<input type="checkbox"/> Yes <input type="checkbox"/> No
✓ Supports and services have outcomes selected by the person (and those closest to him/her), which are meaningful and functional.	<input type="checkbox"/> Yes <input type="checkbox"/> No
✓ The person achieves personal goals.	<input type="checkbox"/> Yes <input type="checkbox"/> No

### 2. The person and people important to him or her are included in lifestyle planning, and have the opportunity to exercise control and make informed decisions.

✓ The person and advocates participate in planning and discussions where decisions are made.	<input type="checkbox"/> Yes <input type="checkbox"/> No
✓ A diverse group of people, invited by the person, assist in planning and decision making.	<input type="checkbox"/> Yes <input type="checkbox"/> No

### 3. The person has meaningful choices, with decisions based on his or her experiences.

✓ The person has opportunities to experience and understand alternatives before making choices.	<input type="checkbox"/> Yes <input type="checkbox"/> No
✓ The person makes life-defining choices related to home, work, and relationships.	<input type="checkbox"/> Yes <input type="checkbox"/> No
✓ Opportunities for decision-making are part of the person's everyday routine.	<input type="checkbox"/> Yes <input type="checkbox"/> No
✓ The person decides how to use his or her free time.	<input type="checkbox"/> Yes <input type="checkbox"/> No

### 4. The person uses, when possible, natural and community supports.

✓ With the person's consent, the support of family members, neighbors, and co-workers is encouraged.	<input type="checkbox"/> Yes <input type="checkbox"/> No
✓ The person makes use of typical community and generic resources (such as the local YMCA) rather than specialized or segregated services whenever possible.	<input type="checkbox"/> Yes <input type="checkbox"/> No

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<sup>1</sup> New York State Office of Developmental Disabilities. Person Centered Planning. Opwdd.ny.gov. Accessed on October 15, 2015.

**5. Activities, supports, and services foster skills to achieve personal relationships, community inclusion, dignity, and respect.**

✓ The person has a presence in a variety of typical community places. Segregated services and locations are minimized.	<input type="checkbox"/> Yes <input type="checkbox"/> No
✓ The person has friends and the opportunity to form other natural community relationships.	<input type="checkbox"/> Yes <input type="checkbox"/> No
✓ The person can access community-based housing and work if desired.	<input type="checkbox"/> Yes <input type="checkbox"/> No
✓ The person has the opportunity to be a contributing member of the community.	<input type="checkbox"/> Yes <input type="checkbox"/> No

**6. The person's opportunities and experiences are maximized, and flexibility is enhanced within existing regulatory and funding constraints.**

✓ Funding of supports and services is responsive to personal needs and desires, not the reverse.	<input type="checkbox"/> Yes <input type="checkbox"/> No
✓ When funding is limited, the individual receiving services (not the service provider) makes the decisions about how to use resources.	<input type="checkbox"/> Yes <input type="checkbox"/> No
✓ The person has appropriate control over available economic resources.	<input type="checkbox"/> Yes <input type="checkbox"/> No

**7. Planning is collaborative, recurring, and involves an ongoing commitment to the person.**

✓ Planning activities occur periodically and routinely. Lifestyle decisions are revisited.	<input type="checkbox"/> Yes <input type="checkbox"/> No
✓ A group of people who know, value, and are committed to serving the person remain involved.	<input type="checkbox"/> Yes <input type="checkbox"/> No

**8. The person is satisfied with his or her activities, supports, and services.**

✓ The person expresses satisfaction with his or her relationships, home, and daily routine.	<input type="checkbox"/> Yes <input type="checkbox"/> No
✓ Areas of dissatisfaction result in tangible changes in the person's life situation.	<input type="checkbox"/> Yes <input type="checkbox"/> No