What should I do if I am concerned about my child's development?

Don't wait! You know your child best. Talk to your child's doctor and share screening results and completed milestone checklists.

If you or the doctor is still concerned,

- Ask the doctor for a referral for further evaluation, and
- Contact your state's early intervention program (if your child is under 3) or public school (if your child is 3 or older). Find the phone number for your state's early intervention program by visiting **www.cdc.gov/Concerned**.

Find more information about screening tools and resources at:

www.hhs.gov/WatchMeThrive

My child's care providers

HEALTH CARE PROVIDER/DOCTOR	PHONE NUMBER
CHILD CARE/EDUCATION PROVIDER	PHONE NUMBER
HOME VISITATION PROGRAM	PHONE NUMBER
OTHER PROVIDER	PHONE NUMBER
OTHER PROVIDER	PHONE NUMBER

NOTES

Maine Developmental Disabilities Council
www.MaineDDC.org
Toll-Free 833-713-2618

BIRTH TO 5: WATCH ME THRIVE!

DEVELOPMENTAL SCREENING PASSPORT FOR:

U.S. Department of Health and Human Services
U.S. Department of Education

What are developmental milestones?

Skills such as taking a first step, smiling for the first time, and waving "bye-bye" are called developmental milestones. Starting at birth and continuing throughout childhood, children reach milestones in how they play, learn, speak, act, and move.

What is developmental screening?

- A way to check your child's development. It can show if your child is on track or if he or she might benefit from extra help.
- Recommended for all young children.
- Administered by a doctor, teacher, child care provider, home visitor or other professional.
- Uses a research-based questionnaire about how your child plays, learns, speaks, acts and moves.

What is a screening passport?

This pamphlet is your child's screening record. It is a way to keep track of your child's screening history and results.

How should I use this screening passport?

- Fill out this passport whenever your child has a developmental screen, or ask the doctor or other provider to fill it out for you.
- Take this screening record, along with any completed milestone checklists for your child's age, to each check-up with your child's doctor.
- Talk about screening results with the doctor.
- Ask the doctor to update your child's records with recent screening results.
- Share this passport with your child care provider, teacher, home visitor, or anyone who provides services for your child.

PARENTS: Between regular screenings, don't miss a milestone moment!

Use FREE milestone checklists from ***www.cdc.gov/Milestones*** *to learn more about how your child plays, learns, speaks, acts and moves.*

DATE	CHILD'S AGE	SCREENING TOOL USED	PROVIDER (doctor, child care, teacher or other) who administered tool	RESULT	
				"NO" / "LOW RISK"	"AT RISK"

Find more information about screening tools and resources at: **www.hhs.gov/WatchMeThrive**.